



SEMINOLE SCIENCE

January Menu



@RedAppleDining



= This Contains Pork

BREAKFAST

All Meals Are Served With an Entrée, Fruit, 100% Fruit Juice and Milk.

MONDAY

Pillsbury®
Mini Bagels

TUESDAY

French Toast
BeneFIT® Bar

WEDNESDAY

Blueberry Muffin
& Cheese Stick

THURSDAY

Oatmeal Chocolate Chip
BeneFIT® Bar

FRIDAY

Cinnamon Toast Crunch™
& Cheese Stick

LUNCH

All Meals Include An Entrée, Fruit, Veggies and/or Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
4 Boneless Wings Mashed Potatoes & Dinner Roll Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels Cheese Chef Salad	5 Chicken Sandwich Green Beans Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels Turkey & Cheese Lunchedible	6 Oven Fresh Pizza (Cheese or Pepperoni 🐷) Broccoli Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels Turkey Chef Salad	7 Chicken Nuggets Baked Beans & Biscuit Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels Turkey & Cheese Lunchedible	8 Baked Pasta California Vegetables & Breadstick Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels Turkey-Ham Chef Salad
11 Boneless Wings Mashed Potatoes & Dinner Roll Smuckers® Uncrustables® Cheese Stick & Cheez-it® Crackers Cheese Chef Salad	12 Maple Waffles Warm Fruit Topping Sausage 🐷 & Home Fries Smuckers® Uncrustables® Cheese Stick & Cheez-it® Crackers Turkey & Cheese Lunchedible	13 Oven Fresh Pizza (Cheese or Pepperoni 🐷) Broccoli Smuckers® Uncrustables® Cheese Stick & Cheez-it® Crackers Turkey Chef Salad	14 Chicken Nuggets Baked Beans & Biscuit Smuckers® Uncrustables® Cheese Stick & Cheez-it® Crackers Turkey & Cheese Lunchedible	15 Orange Chicken Green Beans & Rice Smuckers® Uncrustables® Cheese Stick & Cheez-it® Crackers Turkey-Ham Chef Salad
18 MARTIN LUTHER KING JR. DAY	19 100% All Beef Burger Carrots Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers Turkey & Cheese Lunchedible	20 Oven Fresh Pizza (Cheese or Pepperoni 🐷) Broccoli Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers Turkey Chef Salad	21 Chicken Nuggets Baked Beans & Biscuit Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers Turkey & Cheese Lunchedible	22 Chicken Sandwich Green Beans Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers Turkey-Ham Chef Salad
25 Boneless Wings Mashed Potatoes & Dinner Roll Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels Cheese Chef Salad	26 Maple Waffles Warm Fruit Topping Sausage 🐷 & Home Fries Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels Turkey & Cheese Lunchedible	27 Oven Fresh Pizza (Cheese or Pepperoni 🐷) Broccoli Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels Turkey Chef Salad	28 Chicken Nuggets Baked Beans & Biscuit Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels Turkey & Cheese Lunchedible	29 Soft Taco Corn & Tortilla Chips Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels Turkey-Ham Chef Salad

Menu is subject to change.