SEMINOLE SCIENCE CENTER

OCTOBER 2025 MENU

Apply for Meal Benefits for free and reduced priced meals at:
SCPSmealapp.com

BREAKFAST

All meals must include an Entree, Fruit, Juice, and/or Milk.

Cost: $3.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
French Toast BeneFIT® Bar	Strawberry Mini Bagels	Blueberry Muffin & Cheese Stick	Oatmeal Chocolate Chip BeneFIT® Bar	General Mill ™ Cereal & Cheese Stick

LUNCH

All meals must include an Entree, Fruit, Vegetables and/or Milk.

Meal Price: $3.75 (Elem) | $4.00 (Middle & High)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 **Cheese Quesadilla** Plantains Salsa **Smuckers® Uncrustables®** Cheez-Its® Crackers **Egg & Cheese Chef Salad** Cheez-Its® Crackers	**2** **Teriyaki Chicken** Rice & Green Beans **Smuckers® Uncrustables®** Cheez-Its® Crackers **Turkey-Ham & Cheese Sandwich** **FORTUNE COOKIE**	**3** **Cheese Pizza** **Pepperoni Pizza** Broccoli **Smuckers® Uncrustables®** Cheez-Its® Crackers **Turkey Chef Salad** Cheez-Its® Crackers
6 **Maple Waffles with a Warm Fruit Topping** Sausage & Home Fries **Smuckers® Uncrustables®** Goldfish® Crackers **Pizza Lunchedible**	**7** **Hamburger or Cheeseburger** Baked Beans **Smuckers® Uncrustables®** Goldfish® Crackers **Turkey & Cheese Sandwich**	**8** **Boneless Wings** Corn & Dinner Roll **Smuckers® Uncrustables®** Goldfish® Crackers **Egg & Cheese Chef Salad** Goldfish® Crackers	**9** **Orange Chicken** Rice & Green Beans **Smuckers® Uncrustables®** Goldfish® Crackers **Turkey-Ham & Cheese Sandwich**	**10** **Cheese Pizza** **Pepperoni Pizza** Broccoli **Smuckers® Uncrustables®** Goldfish® Crackers **Turkey Chef Salad** Goldfish® Crackers
13 **Teacher Work Day** (No School)	**14** **100% All Beef Hot Dog** Baked Beans **Smuckers® Uncrustables®** Cheez-Its® Crackers **Turkey & Cheese Sandwich** **RICE KRISPIES® TREAT**	**15** **Chicken Nuggets** Corn & Dinner Roll **Smuckers® Uncrustables®** Cheez-Its® Crackers **Egg & Cheese Chef Salad** Cheez-Its® Crackers	**16** **Soft Taco with Toppings** Black Beans & Tortilla Chips **Smuckers® Uncrustables®** Cheez-Its® Crackers **Turkey-Ham & Cheese Sandwich**	**17** **Cheese Pizza** **Pepperoni Pizza** Broccoli **Smuckers® Uncrustables®** Cheez-Its® Crackers **Turkey Chef Salad** Cheez-Its® Crackers
20 **Chicken Sandwich** Honey-Glazed Carrots **Smuckers® Uncrustables®** Goldfish® Crackers **Pizza Lunchedible**	**21** **Hamburger or Cheeseburger** Baked Beans **Smuckers® Uncrustables®** Goldfish® Crackers **Turkey & Cheese Sandwich**	**22** **Cheese Quesadilla** Plantains Salsa **Smuckers® Uncrustables®** Goldfish® Crackers **Egg & Cheese Chef Salad** Goldfish® Crackers	**23** **Teriyaki Chicken** Rice & Green Beans **Smuckers® Uncrustables®** Goldfish® Crackers **Turkey-Ham & Cheese Sandwich**	**24** **Cheese Pizza** **Pepperoni Pizza** Broccoli **Smuckers® Uncrustables®** Goldfish® Crackers **Turkey Chef Salad** Goldfish® Crackers
27 **Maple Waffles with a Warm Fruit Topping** Sausage & Home Fries **Smuckers® Uncrustables®** Cheez-Its® Crackers **Pizza Lunchedible**	**28** **100% All Beef Hot Dog** Baked Beans **Smuckers® Uncrustables®** Cheez-Its® Crackers **Turkey & Cheese Sandwich**	**29** **Boneless Wings** Corn & Dinner Roll **Smuckers® Uncrustables®** Cheez-Its® Crackers **Egg & Cheese Chef Salad** Cheez-Its® Crackers	**30** **Orange Chicken** Rice & Green Beans **Smuckers® Uncrustables®** Cheez-Its® Crackers **Turkey-Ham & Cheese Sandwich**	**31** **Cheese Pizza** **Pepperoni Pizza** Broccoli **Smuckers® Uncrustables®** Cheez-Its® Crackers **Turkey Chef Salad** Cheez-Its® Crackers

Menu is subject to change. = New Menu Item = Vegetarian Option = This Contains Pork Updated September 25, 2025

This institution is an equal opportunity provider.

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