



SEMINOLE SCIENCE November Menu



@RedAppleDining

= This Contains Pork

BREAKFAST

All Meals Are Served With an Entrée, Fruit, 100% Fruit Juice and Milk.

MONDAY

Pillsbury®
Mini Bagels

TUESDAY

French Toast
BeneFIT® Bar

WEDNESDAY

Blueberry Muffin
& Cheese Stick

THURSDAY

Oatmeal Chocolate Chip
BeneFIT® Bar

FRIDAY

Cinnamon Toast Crunch™
& Cheese Stick

LUNCH

All Meals Include An Entrée, Fruit, Veggies and/or Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Boneless Wings Mashed Potatoes & Dinner Roll</p> <p>Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels</p> <p>Cheese Chef Salad</p>	<p>3</p> <p>Chicken Sandwich Corn</p> <p>Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels</p> <p>Turkey & Cheese Lunchedible</p>	<p>4</p> <p>Oven Fresh Pizza (Cheese or Pepperoni) Broccoli</p> <p>Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels</p> <p>Turkey Chef Salad</p>	<p>5</p> <p>Chicken Nuggets Baked Beans & Biscuit</p> <p>Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels</p> <p>Turkey & Cheese Lunchedible</p>	<p>6</p> <p>Chicken Alfredo California Veggies & Breadstick</p> <p>Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels</p> <p>Turkey-Ham Chef Salad</p>
<p>9</p> <p>Boneless Wings Mashed Potatoes & Dinner Roll</p> <p>Smuckers® Uncrustables® Cheese Stick & Cheez-it® Crackers</p> <p>Cheese Chef Salad</p>	<p>10</p> <p>Maple Waffles Warm Fruit Topping Sausage & Home Fries</p> <p>Smuckers® Uncrustables® Cheese Stick & Cheez-it® Crackers</p> <p>Turkey & Cheese Lunchedible</p>	<p>11</p> <p>Oven Fresh Pizza (Cheese or Pepperoni) Broccoli</p> <p>Smuckers® Uncrustables® Cheese Stick & Cheez-it® Crackers</p> <p>Turkey Chef Salad</p>	<p>12</p> <p>Chicken Nuggets Baked Beans & Biscuit</p> <p>Smuckers® Uncrustables® Cheese Stick & Cheez-it® Crackers</p> <p>Turkey & Cheese Lunchedible</p>	<p>13</p> <p>Orange Chicken Green Beans & Rice</p> <p>Smuckers® Uncrustables® Cheese Stick & Cheez-it® Crackers</p> <p>Turkey-Ham Chef Salad</p>
<p>16</p> <p>Boneless Wings Mashed Potatoes & Dinner Roll</p> <p>Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers</p> <p>Cheese Chef Salad</p>	<p>17</p> <p>100% All Beef Burger Carrots</p> <p>Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers</p> <p>Turkey & Cheese Lunchedible</p>	<p>18</p> <p>Oven Fresh Pizza (Cheese or Pepperoni) Broccoli</p> <p>Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers</p> <p>Turkey Chef Salad</p>	<p>19</p> <p>Roasted Turkey Cranberry Sauce, Mashed Potatoes & Dinner Roll</p> <p>Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers</p> <p>Turkey & Cheese Lunchedible</p>	<p>20</p> <p>Chicken Sandwich Baked Beans</p> <p>Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers</p> <p>Turkey-Ham Chef Salad</p>

HAPPY THANKSGIVING

<p>30</p> <p>Boneless Wings Mashed Potatoes & Dinner Roll</p> <p>Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels</p> <p>Cheese Chef Salad</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>
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Menu is subject to change.